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# CRYSTALLIZATION AND MECHANICAL PROPERTIES OF (45S5-HA) BIOCOMPOSITE FOR BIOMEDICAL IMPLANTATION

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Bioglass® (45S5) was prepared by conventional melting process and hydroxyapatite (HA) was prepared by sol-gel method. The bioglass (45S5) and hydroxyapatite ( $Ca_{10}(PO_4)_6(OH)_2$ ) samples were mixed in a particular proportion to prepare composite by using hydraulic pressing. Based on thermogravimetric and differential thermal analysis, the composite were sintered with a suitable heat treatment process at  $1000-1050^{\circ}$ C. The in-vitro bioactivity of samples was determined in simulated body fluid for 1, 3, 7, 14 and 21 days. The bioactivity was examined in vitro with respect to the ability of hydroxyapatite layer formation on the surface of samples when they were immersed in simulated body fluid (SBF). DTA/TGA, XRD, SEM and mechanical studies were conducted for different characteristic measurement of biocomposites. The result shows the enhancement in bioactivity and mechanical properties of (45S5-HA) biocomposites for clinical implantation.

### INTRODUCTION

The 45S5® bioactive glass has very good capability to bond with both soft and hard tissue. Bioactive material should possess good biochemical behaviour and biomechanical strength [1]. Hydroxyapatite (Ca<sub>10</sub>(PO<sub>4</sub>)<sub>6</sub>(OH)<sub>2</sub>, HA) and bioglass (BG) bio-compatible ceramic materials has the capacity to promote favorable bone-tissue formation and commonly used as replacing material in orthopedics, dentistry, maxillofacial surgery and tissue engineering [2]. Bioactive glass 45S5 granules include five substances 46.1 mol. % SiO<sub>2</sub>, 26.9 mol. % CaO, 24.4 mol. % Na<sub>2</sub>O and 2.6 mol. % P<sub>2</sub>O<sub>5</sub> as compared to other types of bioactive glass. It has some advantages such as appropriate percentage of silicon, a proper Ca/P ratio, remarkable biological performance, and an active surface. It offers promising potential for repairing the bone defects [3]. Amorphous bioactive glass is suitable to fill bone defects but can also be used as coating material for implants in direct bone contact to enhance the process of ossification [4-7].

Hydroxyapatite is the most extensively researching material used in periodontal defects. Synthetic HA is a biocompatible, non-toxic, slowly resorbing, osteoconductive, osteophillic material and has close structural and chemical properties like bone mineral but not identical. Bioactive glass can form a chemical bond with living hard tissues through the development of a surface layer of carbonated hydroxyapatite [8]. Bioactive glass, particularly 45S5 [9, 10] has been widely used in clinical

practices because of its excellent biocompatibility, osteogenic capability, and osteointegrative properties. It is reported that BG guides and promotes osteogenesis and allows rapid bone formation. Due to uncontrolled kinetics of the chemical reactions in the sol-gel process, it is difficult to incorporate additives without destroying the amorphous glassy network [11-12]. The prepared bioglass 45S5® by the sol-gel route have invariably resulted in gel powders containing crystalline inclusions or bioglass-ceramics. Recently, a sol-gel procedure which overcomes these challenges by obtaining a completely amorphous glass with composition similar to bioglass 45S5 has been demonstrated [13]. Partial listing of these properties are uniform porosity with macro as well as micro-sized pores, non-toxicity to the host tissue, biodegradation and bioresorption with sufficient mechanical properties [14].

The degradable glass Na<sub>2</sub>O–CaO–SiO<sub>2</sub>–P<sub>2</sub>O<sub>5</sub> system was rich in CaO content and its composition is similar to a ternary Na<sub>2</sub>O–CaO–SiO<sub>2</sub> system [15, 16]. The osteogenic properties of the glass were considered to be due to the dissolution products of the glass [17]. However, its relatively low strength and brittleness limits its application to non-load bearing conditions [18]. The apatite can be formed biomimetically on bioactive materials even in simulated body fluid with ion concentrations. TiO<sub>2</sub> has a tendency to adsorb water on the surface, resulting in the formation of titanium hydroxide groups. The basic Ti–OH groups were reported to induce apatite nucleation and crystallization in SBF [19].

#### **EXPERIMENTAL**

### Preparation of biocomposites

By melting route, bioglass powder is mixed with HA powder (sol-gel) 5, 10, 15, 20 (wt. %) compacted at 1500 MPa pressure into cylindrical samples (1 cm, 1 cm) and sintered at 1000-1050°C to prepare the composites as shown in Table 1.

Table 1. Composition of bioactive glass and bio-composite (BC1, BC2, BC3, BC4).

	Composition (wt. %)					
BG (45S5)	45 SiO <sub>2</sub>	24.5 Na <sub>2</sub> O	24.5 CaO	6 P <sub>2</sub> O <sub>5</sub>		
Biocomposite samples	BG (	45S5)	НА			
BC1	9	5	5			
BC2	9	0	10			
BC3	8	5	15			
BC4	8	0	20			

Table 2. Ion concentration (mM/litre) of simulated body fluid and human blood plasma.

	Ion	Simulated body fluid	Blood plasma	
1.	Na <sup>+</sup>	142.0	142.0	
2.	$K^{+}$	5.0	5.0	
3.	$Ca^{2+}$	2.5	2.5	
4.	$\mathrm{Mg}^{2^{+}}$	1.5	1.5	
5.	$HCO_3^-$	4.2	27.0	
6.	C1 <sup>-</sup>	148.0	103.0	
7.	$\mathrm{HPO_4}^{2-}$	1.0	1.0	
8.	SO <sub>4</sub> <sup>2-</sup>	0.5	0.5	

### Preparation of SBF

In order to identify the HCA layer formation, the biocomposite samples were immersed in SBF solution at 37.4°C for different time periods from 1 to 21days. The SBF solution was prepared according to the formula explained by Kokubo et al. [20]. Table 2 shows the reagents for the preparation of SBF, comparison of ionic concentrations in SBF and human blood plasma. The pH of the SBF solution was measured by using a digital pH meter after immersion of samples for different time periods.

### DTA/TGA analysis

Hydroxyapatite reinforced glass biocomposite were subjected to differential thermal analysis (DTA) to determine the composite nucleation and crystallization temperatures. The prepared biocomposite were powdered by using an agate mortar and pestle and subjected for differential thermal analyzer (SETARAM, France) at

a heating rate of 10°C·min<sup>-1</sup> under a stream of oxygen atmosphere against reference material of alumina. The DTA test was carried out from room temperature to 1000°C. The prepared bioactive glass samples were heat treated in two-steps, firstly glass transition temperature for the formation of nuclei sites and after holding for the specific time, It was further heated to second selected crystal growth temperature for growth.

## Powder X-ray diffraction (XRD) measurements

The biocomposite samples were ground to 75 microns and the fine powders were subjected to X-ray diffraction analysis (XRD) using RIGAKU-Miniflex II diffractometer adopted Cu-K $\alpha$  radiation ( $\lambda$  = 1.5405A°) with a tube voltage of 40 kV and current of 35mA in a 2 $\theta$  range between 20° to 80°. The step size and measuring speed was set to 0.02° and 1° per min respectively. The JCPDS-International Centre for Diffraction Data Cards were used as a reference.

### Scanning electron microscope (SEM)

Scanning electron microscopy (Inspect50FEI) was used to analyse the surfaces of biocomposite before and after immersion in SBF solution. Before SEM analysis, the samples were coated with plasma gold plate.

### pH measurement

For measuring pH by using microprocessor based pH-EC meter (model-1611,ESICO-USA), 2 gm biocomposite powder were soaked in a small plastic container of 20 ml of SBF solution at 37°C with pH 7.40 for 1, 3, 7, 14 and 21 days time period.

## Density and mechanical properties measurements

The density of biocomposite samples was determined by Archimedes principle, using distilled water as buoyant. All the weight measurements have been made using a digital balance (Sartorius,Model: BP221S, USA) having an accuracy of  $\pm$  0.0001 gm. Density ( $\rho$ ) of sample was obtained by employing the relation (1) as given below:

$$\rho = \frac{Wa}{Wa - Wb} \rho b \tag{1}$$

where  $W_a$  is the weight of sample in air,  $W_b$  is the weight of sample in buoyant and  $\rho b$  is the density of buoyant.

#### RESULTS AND DISCUSSION

### Differential thermal analysis (DTA/TGA) of biocomposite

The differential thermal analysis (DTA/TGA) curve of biocomposite shown in Figure 1. Due to incorporation of hydroxyapatite in base bioactive glass, there is increase in biocomposite endothermic as well as exothermic peaks. This increase in temperature is due to hydroxyapatite acting as a modifier which strengthen the (Si–O–Si) silica network. The results demonstrated Tg temperature was from 489°C to 554°C and Tc from 1005°C to 1093°C [21].

#### Phase analysis

XRD was used to characterize the prepared samples of biocomposite as BC1, BC2, BC3 and BC4 (all of the samples in Table 1). XRD patterns of these samples show that the main phases are pseudo wollastonite and hydroxyapatite (JCPDS No.: 090432). The conclusion shows that the synthesized bioglass has been partly crystallized at 1000°C. This has been reported that pseudo wollastonite is a bioactive material, and its invitro tests have been investigated [22–26].

In order to compare the intensity of the formed phases results can be seen in Figure 2. Two characteristic peaks of pseudo wollastonite (JCPDS No.: 19-0248)

and hydroxyapatite were selected for comparison.  $2\theta = 36.80^{\circ}$  for Wollastonite and  $2\theta = 40.17^{\circ}$  for hydroxyapatite phase were selected and their intensities were compared. The silicon and sodium oxides could react with hydroxyapatite phase in biocomposite and as result the OH ions would be eliminated from the structure as water vapor. This reaction will be cause the formation of sodium calcium silicates (Na<sub>2</sub>CaSi<sub>2</sub>O<sub>6</sub>) which was sintered at  $1000^{\circ}$ C mainly shows the presence of sodium calcium silicates (Na<sub>2</sub>CaSi<sub>2</sub>O<sub>6</sub>, JCPDS # 77-2189). This indicates that sintering promotes the transformation of hydroxyapatite to  $\beta$ -TCP [27].

$$2Ca_{5}(PO_{4})_{3}OH + Na_{2}O + 2SiO_{2} \rightarrow \rightarrow Na_{2}CaSi_{2}O_{6} + 3Ca_{3}(PO_{4})_{2} + H_{2}O$$
(2)

It has been found that sample BC4 has the most content of hydroxyapatite (silicated hydroxyapatite in fact as described later) and sample BC1 has the least content of hydroxyapatite thus it can be said that it has the most content of wollastonite.

# SEM analysis of biocomposite samples

Surface morphology of biocomposite samples before and after post-immersion in SBF, the glass releases  $Ca^{2+}$  and  $Na^{+}$  ions from its surface via an ex-change with the  $H_3O^{+}$  ion in the SBF to form Si–OH groups

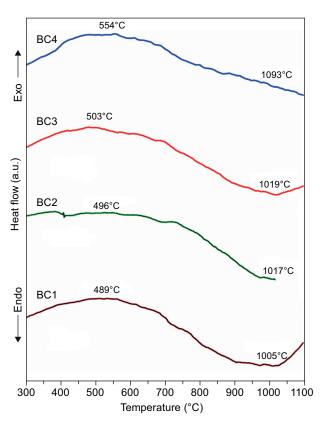


Figure 1. DTA/TGA analysis of biocomposites (BC1, BC2, BC3, BC4) samples.

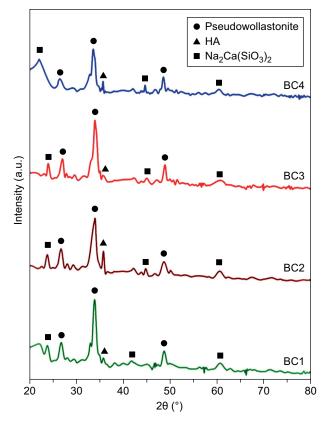


Figure 2. X-ray diffraction of the prepared (BC1, BC2, BC3, BC4) composites.

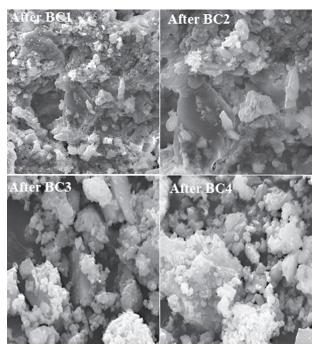
on their surfaces [28]. Water molecules in the SBF simultaneously reacts with the Si–O–Si bond to form additional Si–OH groups, the formed Si–OH groups induce apatite nucleation and the released Ca<sup>2+</sup> and Na<sup>+</sup> ions accelerate apatite nucleation by increasing the ionic activity product of apatite in the fluid [29]. As a result after soaking in SBF in a 21days period, the apatite layer forms onto the composite surface and this phenomenon is confirmed by SEM of BC1, BC2, BC3, BC4 composites post-immersion as shown in Figure 3b, BC1

BC3

BC2

BC3

a) before soaked in SBF solution



b) after soaked in SBF solution

Figure 3. SEM micrographs of biocomposite samples BC1, BC2, BC3, BC4 before (a) and after (b) soaked in SBF solution for 21 days.

biocomposites, shows that composite has many particles on its surface proving slight formation of apatite layer because it contains high content of silica characterizing melted and dense structure that reduce nucleation of apatite layer as compared to other composites. The formation of silanol groups on material's surface which are essential for nucleation sites for HA formation is due to the simultaneous dissolution of silicates [30]. Once the apatite nuclei formed, they can grow spontaneously by uptaking calcium phosphate ions from the surrounding fluid [31]. For BC2, BC3 and BC4 composites, SEM at the high magnification indicates the presence of rich spherical shapes build upon each other to form a bone-like apatite layer for both composites especially BC4 composites.

### pH behavior in SBF

After soaking of biocomposite for various time periods, the variation in pH values of simulated body fluid (SBF) is shown in Figure 4. It was observed that the pH of all samples shows the similar trend of behavior [32]. On 1 day of immersion, maximum pH values were recorded. Ion exchange method was used to explain, the change in pH of SBF solution on the glass surface. Cations such as Na<sup>+</sup> or Ca<sup>2+</sup> near the glass surface releases into the solution in exchange of H<sup>+</sup> or H<sub>3</sub>O<sup>+</sup> ions from the solutions which results in pH increase, After certain point the precipitation of calcium phosphates and carbonates results in decrease in pH. The update of carbonate and phosphate ions shifts the equilibriums towards the products side, and causes decrease in the pH [33]. There is addition of HA in base bioactive glass (45S5) to make biocomposites. After immersion of biocomposite in SBF for various time periods, chain of reactions occurs in the solution which favours the formation of hydroxyapatite layer on the surface of the samples [34-35].

$$HCO_3^{3-} \rightarrow CO_3^{2-} + H^+ \text{ and} HPO_4^{2-} \rightarrow PO_4^{3-} + H^+$$
 (3)

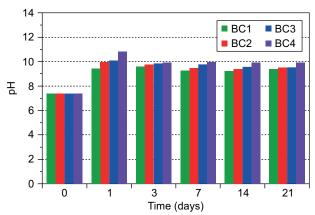


Figure 4. pH of different biocomposite (BC1, BC2, BC3, BC4).

Table 3. Density  $(\rho)$ , longitudinal velocity  $(V_L)$  and transverse velocity  $(V_T)$ , Young's modulus (E), shear modulus (G), bulk modulus (K) and Poisson's ratio (v) of biocomposites.

Sample	Density ρ (g·cm <sup>-3</sup> )	$V_L$ (m·s <sup>-1</sup> )	$V_T$ (m·s <sup>-1</sup> )	Young's modulus E (GPa)	Shear modulus G (GPa)	Bulk modulus <i>K</i> (GPa)	Poisson's ratio (v)
BC1	2.45	4412	2315	34	13	29	0.3103
BC2	2.44	4552	2516	39	15	30	0.2801
BC3	2.42	4782	2729	44	18	32	0.2721
BC4	2.40	4932	2911	50	20	34	0.2326

### Mechanical Properties

## Compressive strength and elastic modulus of biocomposite during in vitro test

The compressive strength and elastic modulus of the BC3 biocomposite after immersion in SBF in vitro are shown in Figure 5 as a function of immersion time. The strength and modulus decreased rapidly during first 3 days but later on its decrease becomes slow. This trend was independent of in-vitro treatment. During invitro test the strength decreases from fabricated value of  $82 \pm 5$  MPa to  $70 \pm 5$  MPa after 7 days treatment in SBF. After 21 days, the strength of the biocomposite immersed in SBF was  $72 \pm 8$  MPa. The elastic modulus decreased from fabricated value of  $42 \pm 5$  GPa to  $32 \pm 5$  GPa after 7 days in SBF in vitro test. After 21 days, the strength of the biocomposite immersed in SBF was  $36 \pm 8$  GPa.

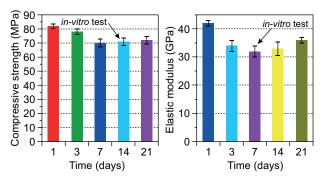


Figure 5. Compressive strength and Elastic modulus as a function of time for BC3 biocomposites after immersion in simulated body fluid (SBF) in vitro test.

### Elastic properties of biocomposites

In Figure 6 shows compressive strength and hardness value. Compressive strength and hardness values shows between (30 MPa to 99 MPa) and (105 MPa to 374 MPa). The results indicate that with an initial addition of HA, the elastic modulus shows an anomalous behaviour. It increases with further addition of HA content as shown in Figure 7. In BC1 and BC4 biocomposite, the measured young's and shear moduli ranges from 34 to 50 GPa and 13 to 20 GPa respectively. Similarly, the poisson's ratio and bulk moduli ranges from 0.31 to 0.23 and 29 to 34 GPa Figure 8 for BC1 and BC4 biocomposites. The elastic modulus increases with increase in the rigidity of biocomposite [36].

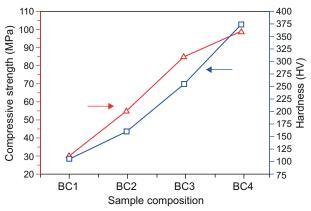


Figure 6. Compressive strength and hardness of biocomposites (BC1, BC2, BC3, BC4).

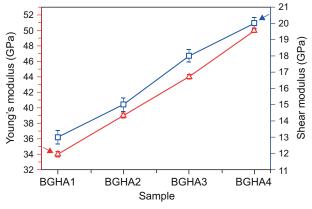


Figure 7. Young's modulus and shear modulus of biocomposites (BC1, BC2, BC3, BC4).

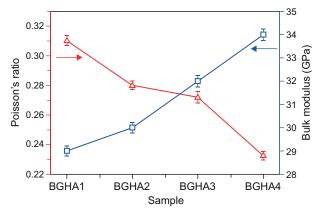


Figure 8. Bulk modulus and poisson's ratio of biocomposites (BC1, BC2, BC3, BC4).

#### CONCLUSION

Sintering process is used to prepare biocomposites with addition of HA in Bioactive glass (45S5). The thermal treatment of silicate based glasses results in the release of stresses from the glass. There is possible formation of crystalline phases along with the residual glassy phases. The increase of HA content in bioglass composites result in increase of density, compressive strength, Youngs, shear and bulk modulus while the poisson's ratio remains nearly constant. Mechanical properties of the samples can be measured without any effect to the biocomposites. Mechanical properties shows good strength of biocomposites. Since the biomaterials are very expensive to prepare.

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